
DROP, COVER & HOLD

DROP under or get down low next to a stable work surface.

COVER your head and neck with your arms and hands.

HOLD onto your cover or brace against a wall until the shaking stops.

During an Earthquake

- Take cover underneath a desk or a table. If no cover is available, move to the closest interior wall. Protect your head and neck.
- Stay away from windows, objects that could fall on you or hazardous materials.
- Stay where you are! – Do not run outside a building. Falling debris could fall on you.
- If outdoors, stay in an open area! Do not enter any buildings.

After the Earthquake

- Wait 60 seconds after the shaking stops then go to your designated assembly area.
- Take personal necessities (meds, coat, purse, keys) with you.
- Check in with your emergency warden at the assembly area.
- Be prepared for aftershocks. Do not return to a hazardous or potentially hazardous area until authorized to do so.
- Replace telephone handsets that have been shaken off the hook. **DO NOT TRY TO USE THE TELEPHONES** except to report fires or medical emergencies.

If you are in an Elevator

If you are in an elevator, you are probably better protected than most people. The elevator will not fall down the shaft and nothing can fall on you. If the power fails, the elevators will stop and the lights will remain off until emergency power is restored. Wait for assistance.

If you are Driving

- Carefully and slowly bring your vehicle to a stop at the side of the road out of the flow of traffic.
- **DO NOT** stop under bridges, near power lines or near large signs.
- Wait until the shaking has stopped.
- When you continue, watch for damage to roads, accidents, downed power lines.



Earthquake